

Best Practices for Developing Better Writing Habits

#1

Think of Yourself as a Professional Writer

You write for a living. It is important. Do not put it off!



#2

Write Every Day

Set aside at least 20-30 minutes at least 5 days a week to write. Prioritize this time.



#3

Schedule Your Writing

Make appointments with yourself on your calendar for writing. Protect those appointments!



#4

Track Your Writing

Keep a writing log and track your writing every day. You pay attention to what you track.



#5

Find a Writing Buddy

Just like an exercise buddy, a writing buddy helps with accountability and support.



#6

Learn Who You Are as a Writer

Use your writing log to determine where, when, and under what conditions you write best.



#7

Set Writing Goals

Set 1-2 micro writing goals for yourself each week and 3-5 macro writing goals for entire writing projects. Use your scheduled writing time and your writing buddy to help you meet those goals.



#8

Reward Your Successes

Reward your writing accomplishments. These can be big or small. Writing is difficult and you deserve a reward for reaching your goals.

